

2025 Ontario University Athletics (OUA) Swimming Championships

Markham Pam Am Centre, ON

February 7-9, 2025

Carleton University Ravens Report

Under the leadership of Head Coach **Nico Belisle**, Carleton finished in 8th place on the men's side with 175 points, and in 10th place for the women (90 points).

The meet highlight was finals swims by **Finn Tuck** in all four of his events. He won the bronze medal in both 100m freestyle and 200m freestyle, placed 6th in 50m freestyle, and 7th in 400m freestyle. He will again be Carleton's only representative at the U Sports Championships coming up in Toronto in a few weeks. **Finn** also received an OUA Award of Distinction for medalling at three OUA Championships as well as scoring at U Sports Championships. Congratulations, **Finn!**

There were many best times by both rookies and veterans, and while we have five graduating swimmer most swimmers will be back for next season!

Thank you to the assistant coaches: **Andrew Beckett**, **Mark Blenkinsop**, and **Paddy Mallia** for their help on the trip. Thanks also to the swim team captains: **Qiana Englert**, **Anne-Marie Fortier**, **Himain Perera**, and **Finn Tuck** for all their great work this season. We appreciate those who helped out with Carleton's allocated timing: **Stacey Ingrey** (**Jace Borden's** mother), **Paddy Mallia**, and **Emma McNicholl**.

Scoring Swims

The top 16 places score points: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 (double points for relays).

Individual Scorers:

Men:

Finn Tuck (57 points): Bronze (16 points) in 100m freestyle (49.40) and 200m freestyle (1:48.36), 6th (13 points) in 50m freestyle (22.93), and 7th (12 points) in 400m freestyle (3:59.01)

Will Franklin (5 points): 12th in 100m backstroke (58.35)

Declan McGroarty (2 points): 15th in 200m backstroke (2:10.33)

Nathan Landry (1 point): 16th in 200m butterfly (2:07.14)

Relays:

Women:

4 x 100m free relay 8th (22 points): **Fayrouz Mecky**, **Dina Egorov**, **Jill Coscarella**, **Olivia Davis**: 4:05.79

4 x 50m free relay 9th (18 points): **Qiana Englert**, **Anne-Marie Fortier**, **Jillian Coscarella**, **Dina Egorov**: 1:54.58

4 x 200 free relay 9th (18 points): **Jill Coscarella**, **Anne-Marie Fortier**, **Olivia Davis**, **Fayrouz Mecky**: 9:15.39

4 x 100m medley relay 9th (18 points): **Olivia Davis**, **Katie Nethercott**, **Anne-Marie Fortier**, **Fayrouz Mecky**: 4:42.79

4 x 50m medley relay 10th (14 points): **Qiana Englert**, **Katie Nethercott**, **Rylee Fudge**, **Dina Egorov**: 2:08.09

Men:

4 x 100m free relay 6th (26 points): **Finn Tuck, Jace Borden, Nathan Landry, Luc Landry**: 3:27.58

4 x 50m free relay 8th (22 points): **Jace Borden, Rayhan Moraldo, Ben Power, Will Franklin**: 1:37.24

4 x 200 free relay 8th (22 points): **Himain Perera, Luc Landry, Declan McGroarty, Nathan Landry**: 7:57.02

4 x 50m medley relay 8th (22 points): **Justin Tompa, Rayhan Moraldo, Jace Borden, Will Franklin**: 1:46.2

4 x 100m medley relay 9th (18 points): **Will Franklin, Finn Tuck, Nathan Landry, Luc Landry**: 3:54.11

Para Finals

This year there were exhibition para-finals. It was great to see our athletes **Isabella Alma** and **Nicholas Scott** get a chance to shine!

Isabella Alma: 1st 100m freestyle (1:56.53), and 1st 100m breaststroke (2:09.26)

Nicholas Scott: 1st 100m freestyle (1:07.51), 1st 100m butterfly (1:16.72), and 2nd 100m backstroke (1:19.25)

Varsity Records

There were eight individual Varsity records set in five events, and two relay Varsity records.

Individual:

Women:

50m freestyle heats: **Fayrouz Mecky**: 27.33, breaking **Dina Egorov**'s record of 27.43 from 2022-2023.

Men:

200m freestyle finals: **Finn Tuck**: 1:48.36, breaking his record of 1:49.11 from 2023-2024.

400m freestyle heats: **Finn Tuck**: 3:59.71, breaking his record of 4:03.19 from earlier this season.

50m freestyle finals: **Finn Tuck**: 22.93, tying his record from earlier this season.

400m freestyle finals: **Finn Tuck**: 3:59.01, breaking his record of 3:59.71 from the heats.

100m freestyle heats: **Finn Tuck**: 49.88, breaking his record of 49.97 from earlier this season.

100m freestyle finals: **Finn Tuck**: 49.40, breaking his record of 49.88 from the heats.

100m freestyle relay lead-off: **Finn Tuck**: 49.39, breaking his record of 49.40 from earlier in the session.

Relay:

Women:

4 x 100m free relay: **Fayrouz Mecky, Dina Egorov, Jill Coscarella, Olivia Davis:** 4:05.79, breaking the record of 4:08.41 set by **Erika Friesen, Heather Macdonald, Rachael Gardner, Karli McKinnon** in 2007-2008.

Men:

4 x 100m free relay: **Finn Tuck, Jace Borden, Nathan Landry, Luc Landry:** 3:27.58, breaking the record of 3:30.78 set by **Will Franklin, Nathan Landry, Jace Borden, Finn Tuck** earlier this season.

Other New Times in the Top 20

The number of swimmers featuring in the Carleton Top 20 shows the depth of the team.

Men:

Will Franklin: 4th 100m backstroke, 11th 100m freestyle

Jace Borden: 5th 50m freestyle, 100m freestyle relay split, 50m butterfly relay split

Justin Tompa: 5th 50m backstroke, 6th 200m backstroke, 8th 100m backstroke

Luc Landry: 9th 100m butterfly, 100m freestyle relay split, 200m freestyle relay split

Himain Perera: 15th 100m butterfly, 16th 200m freestyle

Edward Treiss: 18th 50m backstroke

Nathan Landry: 100m freestyle relay split

Finn Tuck: 100m breaststroke relay split

Women:

Fayrouz Mecky: 4th 100m freestyle, 19th 800m freestyle

Dina Egorov: 13th 100m backstroke

Olivia Davis: 14th 100m freestyle, 100m freestyle relay split

Katie Nethercott: 13th 200m breaststroke, 14th 50m breaststroke, 15th 100m breaststroke, 20th 100m backstroke, 50m breaststroke relay split, 100m breaststroke relay split

Rylee Fudge: 16th: 400m freestyle

Anne-Marie Fortier: 18th 50m butterfly

Jill Coscarella: 100m freestyle relay split

Graduates

Congratulations to our graduating athletes!

Women:

Qiana Englert

Neliya John-Baptiste

Men:

Stefano Durante

Ben Power

Finn Tuck

Historical Point Scores and Places

Women:

2025: 10th (90 points)

2024: Tied for 9th (68 points)

2023: 8th (122 points)

2022: 6th (184 points)

2021: No championships

2020: 10th (64 points)

Men:

2025: 8th (175 points)

2024: 8th (176 points)

2023: 7th (181 points)

2022: 5th (258.5 points)

2021: No championships

2020: 9th (116 points)

Links

[Women's Top 20 Times](#)

[Men's Top 20 Times](#)

[Women's All Top Times](#)

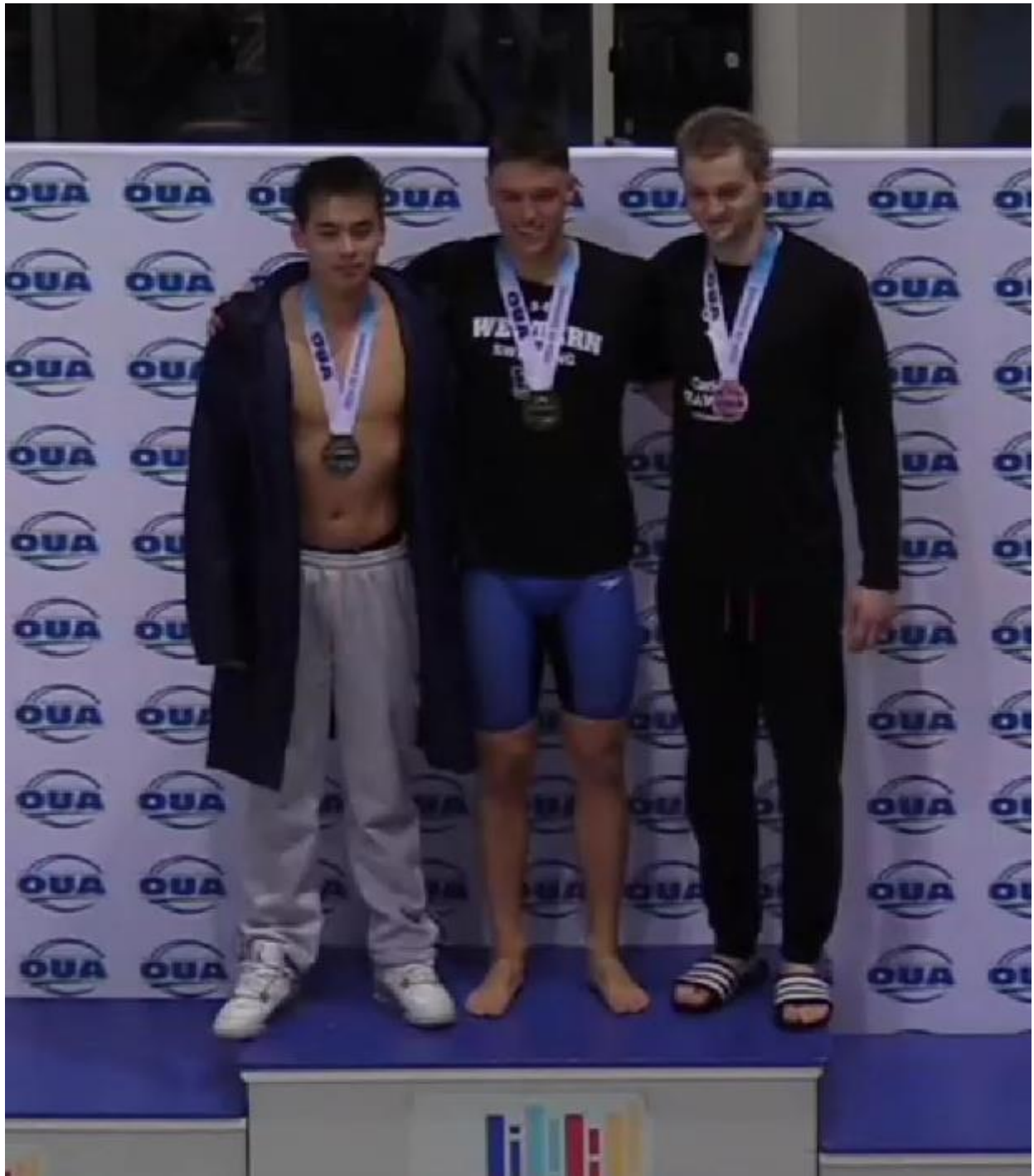
[Men's All Top Times](#)

[Team Roster and Photos](#)

Photos



Finn Tuck Bronze Medal 100m Freestyle





Finn Tuck Bronze Medal 200m Freestyle

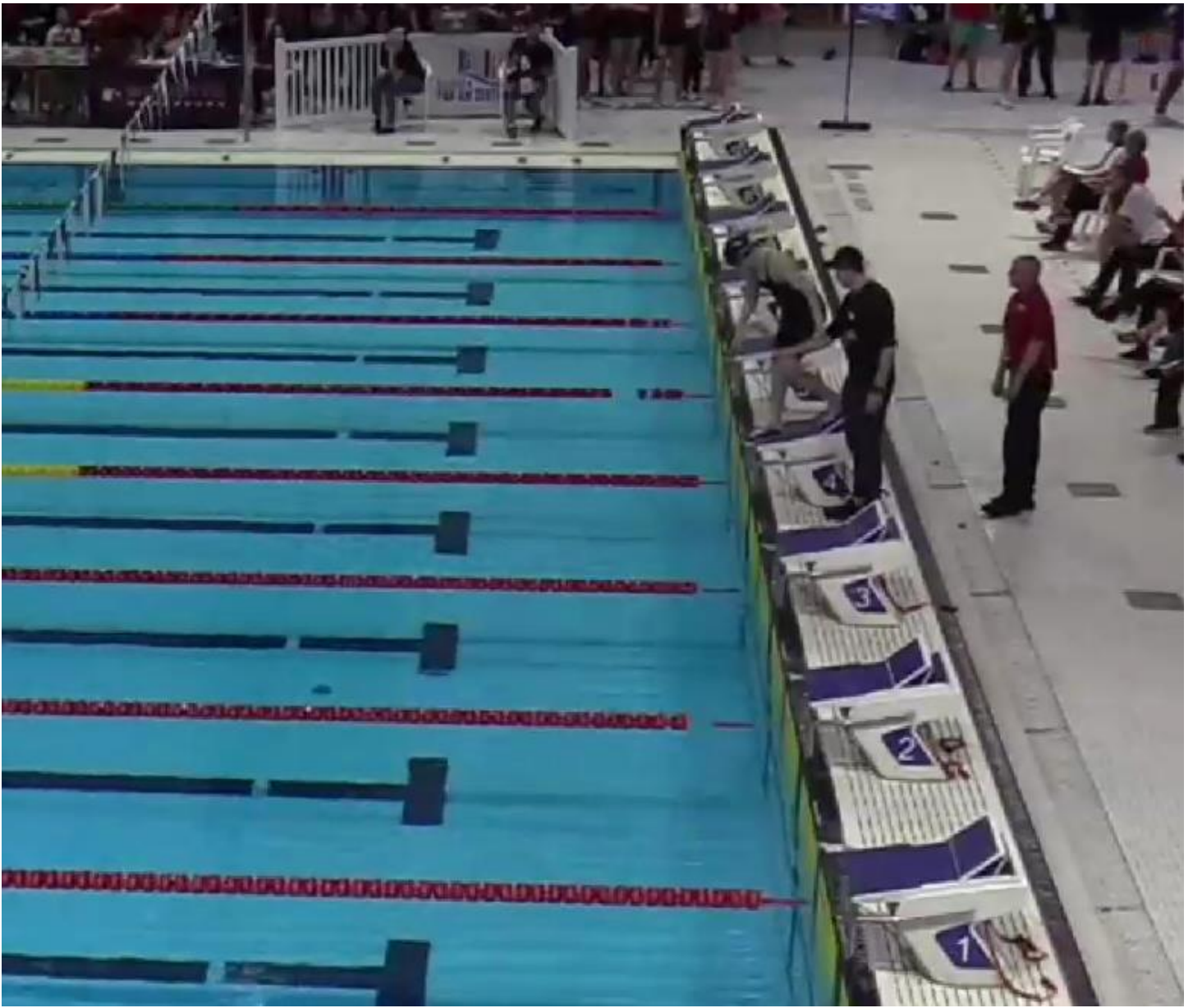


408, 100 m Butterfly Men Heat 1/1

2025 OUA Swimming Championships

- | | | | |
|---|-------------------------------|---|------|
| 4 | Scott_S10SB9SM10, Nicholas |  | CAR |
| 5 | Giammichele_S7SB7SM7, Charlie |  | MACU |

Nicholas Scott (Para 100m Butterfly)



Isabella Alma with Coach Andrew Beckett (Para 100m Breaststroke)